

WORLD MENTAL HEALTH DAY 2022

Date: 10.10.2022

Venue: CME HALL, KIMS & RC

Total No. of Participants: 196

Total No. of Resource Persons: 13

Organized By: Department Of Community Medicine, KIMS & RC

A Continuing Medical Education Programme was organised by the Department of Community Medicine & Department of Psychiatry, KIMS&RC to commemorate the occasion of “**World Mental Health Day 2022- Make Mental Health & well-being for All a Global Priority**” on **10th October 2022**.

Dr. Siva Ilango, Professor & Head, Psychiatry welcomed the gathering of faculty and students. This was followed by brief introductory lecture to this year World Mental Health Day theme by Dr. Thirunaaukarasu Professor & Head, Community Medicine.

Guest Speaker, Dr. V Kanagasabai, Dean, ACS Medical College, Chennai, delivered an insightful lecture on the importance of Mental Health which was then followed by Sort films / Reels Contest about Mental Health & Well-being of Doctors. Students did active participation and presented short films and explained their ideology.

The next session started after tea break which was an open forum discussion on How to foster Mental Health & well-being? (Manathin Kural) It was very interactive, many students opened up and confessed their life experiences. The next session consisted of Movies & Mental Health quiz for both faculties and students. The occasion concluded with prize distribution for the winners and vote of thanks by Dr. Sumithra Devi S, Assistant Professor, KIMS & RC.

Mental health Day-Brochure-Invitation



**Karpaga Vinayaga Institute of Medical Sciences
& Research Centre**

Department of Psychiatry & Community Medicine
Cordially invites



Theme

Make Mental Health & Well-being for All a Global Priority

Special Guest
Dr V Kanagasabai
Dean, ACS Medical College, Chennai

Date: 10th October 2022
Venue: CME Hall, Lecture Theatre Complex, KIMS

Patrons

Dr Sufala Sunil Vishwasrao (Principal, KIMS)
Dr Durai Pandian K (Vice Principal, KIMS)
Dr Kannaki M (Medical Superintendent, KIMS)
Dr Sathyanarayanan S (Medical Director, KIMS)

Programme Schedule

Time	Topic	Speaker/Participant
09.30 AM – 09.40 AM	Welcome Address	Dr Siva Ilango T Prof & HOD, KIMS
09.40 AM – 09.50 AM	World Mental Health Day Theme	Dr Thirunaakarasu Prof & HOD, KIMS
09.50 AM – 10.10 AM	Address by Chief Guest	Dr V Kanagasabai Dean, ACS Medical College Chennai
10.10 AM – 10.30 AM	மருத்துவர்களின் மனநலம் Mental Health & Well Being of Doctors Short film/Reels Contest	
10.30 AM – 11.00 AM	High Tea	
11.00 AM – 12.00 PM	மனதின் குரல் Open Forum Discussion How to Foster Mental Health & Well-being?	By Faculties & Students of KVEG
12.00 PM – 12.25 PM	Quiz Theme: Movies & Mental Health	Faculties & Students
12.25 PM – 12.30 PM	Vote of Thanks	Dr Sumithra Devi S Assistant Professor, KIMS

Prizes and Certificates will be awarded

Contact

Dr Usaid S, Assistant Professor, KIMS (8248649768)
Dr Daniel Sunder C, Junior Resident, KIMS (8220862427)

Organized by

Department of Psychiatry & Community Medicine

Medical Superintendent, Dr M Kannaki felicitating Guest Speaker, Dr. V Kanagasabai



Guest Speaker, Dr. V Kanagasabai delivered lecture on importance of Mental Health



Dr D Thirunnaikarasu discussed about theme



Panel discussion



Students expressing their feelings



Prize distribution



Group Photo with chief guest and resource persons: Mental Health Day



Sisilwanas
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