



GST Road, Chinnakolambakkam, Madhuranthagam, Tamilnadu -603308

Ph.no: 044-27598484/27565195; Fax: 044-27565170; E-mail:kims.medical@yahoo.com; principaloffice@kims.edu.in Website: www.kims.edu.in

#### **WORLD MENTAL HEALTH DAY 2022**

Date: 10.10.2022 Venue: CME HALL, KIMS & RC

Total No. of Participants: 196 Total No. of Resource Persons: 13

Organized By: Department Of Community Medicine, KIMS & RC

A Continuing Medical Education Programme was organised by the Department of Community Medicine & Department of Psychiatry, KIMS&RC to commemorate the occasion of "World Mental Health Day 2022- Make Mental Health & well-being for All a Global Priority" on 10<sup>th</sup> October 2022.

Dr. Siva Ilango, Professor & Head, Psychiatry welcomed the gathering of faculty and students. This was followed by brief introductory lecture to this year World Mental Health Day theme by Dr. Thirunaaukarasu Professor & Head, Community Medicine.

Guest Speaker, Dr. V Kanagasabai, Dean, ACS Medical College, Chennai, delivered an insightful lecture on the importance of Mental Health which was then followed by Sort films / Reels Contest about Mental Health & Well-being of Doctors. Students did active participation and presented short films and explained their ideology.

The next session started after tea break which was an open forum discussion on How to foster Mental Health & well-being? (Manathin Kural) It was very interactive, many students opened up and confessed their life experiences. The next session consisted of Movies & Mental Health quiz for both faculties and students. The occasion concluded with prize distribution for the winners and vote of thanks by Dr. Sumithra Devi S, Assistant Professor, KIMS & RC.

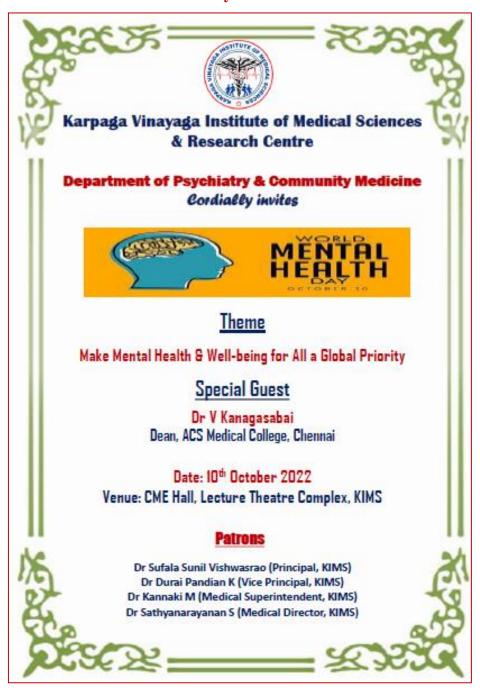




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### Mental health Day-Brochure-Invitation







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09.30 AM - 09.40 AM Welcome Address Dr Siva Ilango T Prof & HOD, KIMS 09.40 AM - 09.50 AM World Mental Health Day Theme Prof & HOD, KIMS 09.50 AM - 10.10 AM Address by Chief Guest Dr V Kanagasabai Dean, ACS Medical College Chennal 10.10 AM - 10.30 AM	Time	Topic	Speaker/Participant	
Prof & HOD, KIMS  09.40 AM - 09.50 AM World Mental Health Day Prof & HOD, KIMS  09.50 AM - 10.10 AM Address by Chief Guest Dr V Kanagasabai Dean, ACS Medical College Chennal  10.10 AM - 10.30 AM LD 医多数定则 多可能 LD 可以 ACS Medical College Chennal  10.30 AM - 11.00 AM High Tee  11.00 AM - 12.00 PM LD 医多色管 医内部 Dear Forum Discussion How to Foster Mental Health & Well-being?  12.00 PM - 12.25 PM Quiz Theme: Movies & Mental Health Health Professor, KIMS  Prizes and Certificates will be awarded  Contact				
Theme Prof & HOD, KIMS  09.50 AM - 10.10 AM Address by Chief Guest Dean, ACS Medical College Chennal  10.10 AM - 10.30 AM LD(多数到前時間就 LD可谓和LD Mental Health & Well Being of Doctors Short film/Reels Contest  10.30 AM - 11.00 AM High Tee  11.00 AM - 12.00 PM LDST最后证 医可的 Open Forum Discussion How to Foster Mental Health & Well-being?  12.00 PM - 12.25 PM Quiz Theme: Movies & Mental Health Lealth Lealth Pealth Professor, KIMS  Prizes and Certificates will be awarded  Contact	09.30 AM - 09.40 AM	Welcome Address		
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11.00 AM - 12.00 PM LDS可食品可 使用的 By Faculties & Students of KV Open Forum Discussion How to Foster Mental Health & Well-being?  12.00 PM - 12.25 PM Quiz Theme: Movies & Mental Health  12.25 PM - 12.30 PM Vote of Thanks Dr Sumithra Devi S Assistant Professor, KIMS  Prizes and Certificates will be awarded  Contact	10.10 AM - 10.30 AM	Mental Health & W	lell Being of Doctors	
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Theme: Movies & Mental Health  12.25 PM — 12.30 PM  Vote of Thanks  Dr Sumithra Devi S Assistant Professor, KIMS  Prizes and Certificates will be awarded  Contact	11.00 AM - 12.00 PM	Open Forum Discussion How to Foster Mental Health &	By Faculties & Students of KVI	
Assistant Professor, KIMS  Prizes and Certificates will be awarded  Contact	12.00 PM = 12.25 PM	Theme: Movies & Mental	Faculties & Students	
Contact	12.25 PM - 12.30 PM	Vate of Thanks	CONTRACTOR OF THE PROPERTY OF	
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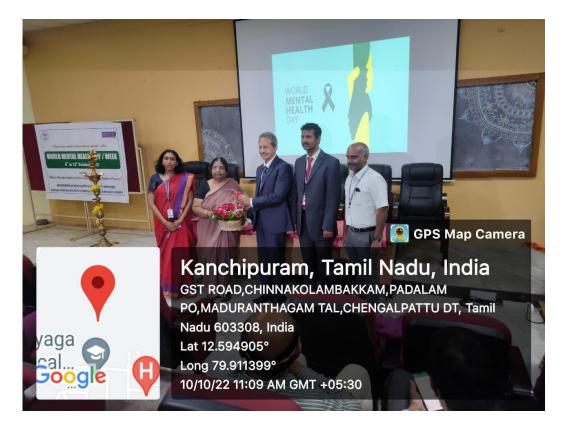




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### Medical Superintendent, Dr M Kannaki felicitating Guest Speaker, Dr. V Kanagasabai



Guest Speaker, Dr. V Kanagasabai delivered lecture on importance of Mental Health







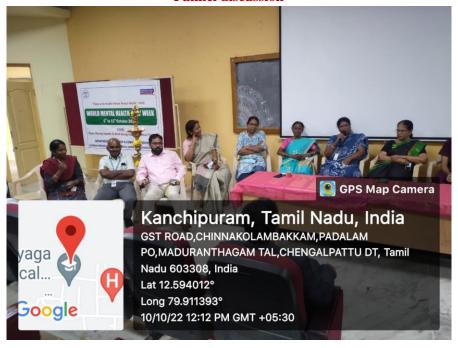
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#### Dr D Thirunnaukarasu discussed about theme



**Pannel discussion** 







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### Students expressing their feelings



**Prize distribution** 







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**Group Photo with chief guest and resource persons: Mental Health Day** 



Principal
Karpaga Vinayaga Institute of
Medical Sciences

G.S.T. Road, Chinna Kolambakkam, Palayanoor Post, Maduranthagam - 603 308