

KARPAGA VINAYAGA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE



GST Road, Chinnakolambakkam, Madhuranthagam, Tamilnadu -603308

Ph.no: 044-27598484/27565195; Fax: 044-27565170; E-mail:kims.medical@yahoo.com; principaloffice@kims.edu.in
Website: www.kims.edu.in

Celebration of World Menopause Day-2022

Date of event: 18/10/22 **Venue:** Demo Hall, Department of OBG

Number of participants: 59 Organized by: Department of OBG, KIMS & RC

Event report:

The world menopause day was celebrated on 18th October. This year theme was Cognition and Mood. The primary aim of celebration of menopause day was to create awareness on symptoms of menopause and sensitize the attenders about early signs and symptoms of menopause and how care about ourself during the menopausal period.

Small group discussions were conducted and participants were given knowledge about early signs and symptoms of menopause and treatment of hormonal replacement therapy.

Online sessions program schedule is given below that includes: patho-physiology, clinical manifestation and diagnosis, non-hormonal treatment of menopause and HRT.

PROGRAMME

8:30-9:00 AM – Welcome address - Dr. N.S. MINNALKODI

9:00-9:30 AM – The menopause – INTRODUCTION

9.30-10:15 AM – Pathophysiology of menopause

10:15-11:00 AM – clinical manifestations and diagnosis of menopause

11:00-11:15 AM – Tea break

11:15-12:30 PM – Non hormonal treatment for menopausal symptoms

12:30 – 1:00 PM – menopausal hormonal replacement therapy – Clinical practice

1:00-1:05 PM – Vote of thanks - Dr. C. Santhanalakshmi



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Principal
Karpaga Vinayaga Institute of
Medical Sciences

G.S.T. Road, Chinna Kolambakkam, Palayanoor Post, Maduranthagam - 603 308