

**COPD awareness program**

**Date of the event:** 18.11.2022

**Total number of participants:** 30

**Venue:** OPD waiting area

**Organized by:** Dept. of Respiratory Medicine, Karpaga Vinayaga Inst. Of Med. Sc. And Research Centre

**Event report:**

Department of Respiratory Medicine organized program to aware COPD patients about the early symptoms of the disease, and management of COPD. Principal, Dr Sufala Sunil Vishwasrao made her appearance in this awareness program.

Dr. A Chitrakumar delivered brief talk to the patients. He stressed upon early diagnosis of disease, available treatment modalities, and smoking cessation. Dr. Lavanya, Assistant professor discussed about steps of smoking cessation and treatment for smoking cessation. Dietician discussed about the importance of healthy diet and what to be avoided by the patient suffering from COPD.

**Dr. A Chitrakumar briefing about COPD symptoms**



## Dr Lavanya, Discussing about smoking cessation



## CRRI briefing about-COPD diagnosis



**Dietician discussing about what to eat and what to avoid in food items for COPD patient**



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