

CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES

Personal Counselling:

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. Personal counselling also facilitates greater understanding of difficult emotions, relationships and increased ability to manage and overcome these challenges. We have mentor-ship program, through which students are counselled regularly at primary level. In – house faculty from the Department of Psychiatry counsel the students, when and where needed.



Yoga and Meditation:

Yoga helps to improve the strength and endurance and Meditation helps to maintain inner peace of mind. Dr Sumitra, Assistant Professor Department of Physiology is the co-ordinator for all the yoga activities like, Yoga Day Celebration and regular Yoga sessions.

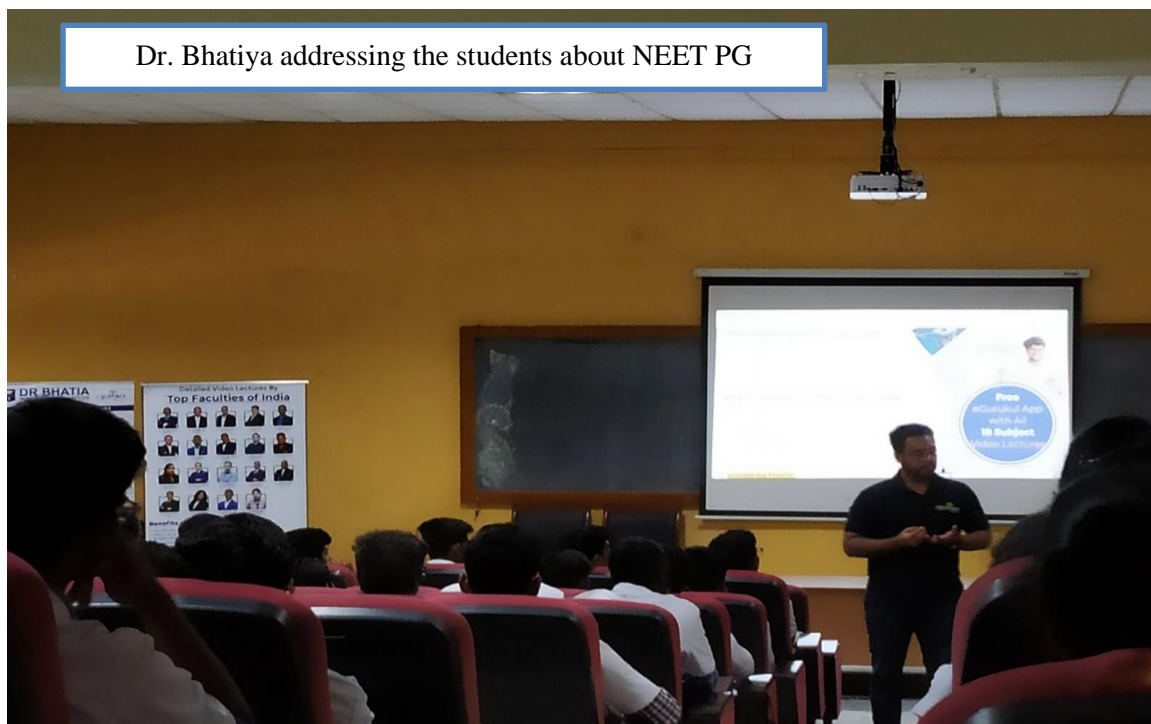


Career counseling: PG NEET coaching and competitive exam training

KIMS & RC regularly conducts Career Guidance and Counselling programs by inviting speakers from reputed PG NEET coaching Institutes, with the help of Placement cell.



Dr. Bhatia addressing the students about NEET PG



Language and Communication.

Language is a medium of communication that helps us expressing and conveying our thoughts, feelings, and emotions of two individuals. Moreover, Language depends on verbal or non-verbal codes. In other words, Language is considered the prime tool of communication

KIMS & RC plays a vital role in overall development of the students during the stay in the campus. Students from outside State are given small sessions on basics of Tamil language, which helps them during history taking and clinical examination of the patient. Similarly, students coming from Tamil Medium school are given English fluency coaching to improve their academic performance, especially in viva and practical examinations.

Due to covid restrictions, this program was conducted through Microsoft teams platform.



Leadership skills:

Leadership is the ability of an individual or a group of individuals to influence and guide followers or other members of an organization.

To bring up an Indian Medical Graduate, where leadership is one of the essential attributes is well taken care by KIMS & RC. Institute conducts value added courses as well as small sessions on leadership skills, with the experts.

**Employability skills and enhancement**

Employability enhancement programs are crafted in order to bridge the gap between skills possessed by the employees and the abilities that are looked for by the organization. Assisting the candidates to enhance and in still certain skill-set among themselves to attain proper employment on the basis of their abilities and potential is the main aim of this program. Due to covid restrictions, this program was conducted through Microsoft teams platform.



Analytical Skill development: institute organizes workshops on research methodology, biostatistics, ECG workshop to develop analytical skills.



Suishwamas
Principal
Karpaga Vinayaga Institute of
Medical Sciences
G.S.T. Road, Chinna Kolambakkam,
Palayanoor Post,
Maduranthagam - 603 308