

8.1.4: Any other relevant information

The following document is details about the Foundation course where students are exposed to various skills such as communication skills, time management, ethics, leadership skills

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**KARPAGA VINAYAGA INSTITUTE OF MEDICAL SCIENCES &
RESEARCH CENTRE**

Foundation Course

2023-24 Batch

The Foundation Course was based on the Competency-Based Medical Education (CBME) curriculum, aims to equip students with essential skills and knowledge to thrive in their medical studies and future careers.

The Objectives are:

1. Familiarize with Medical Profession:
 - Understanding the roles and responsibilities of a doctor.
 - Insight into the medical curriculum and assessment methods.
2. Develop Communication Skills:
 - Effective communication with peers, faculty, and patients.
 - Learning medical terminology and language.
3. Basic Life Support (BLS):
 - Training in emergency medical response.
 - Hands-on practice of BLS techniques.
4. Computer and Information Technology Skills:
 - Introduction to medical software and databases.
 - Using technology for learning and patient care.
5. Orientation to Community Health:
 - Understanding the healthcare system and its challenges.
 - Exposure to rural and urban health issues.
6. Introduction to Medical Ethics and Professionalism:
 - Ethical principles in medical practice.
 - Professional behavior and doctor-patient relationship.
7. Enhancing Learning Skills:
 - Techniques for effective learning and time management.
 - Strategies for stress management and maintaining mental well-being.
8. Physical and Sports Activities:
 - Importance of physical fitness in maintaining overall health.

- Participation in sports and recreational activities.

The program began on the first day with an inauguration of MBBS students of Karpaga Vinayaga institute of medical sciences & Research centre which was held at College Auditorium. The inaugural function started with an invocation song then the lighting of the Kuthuvilakku by the dignitaries and parents of the first student who registered for 2023-24 MBBS course. The Principal welcomed the gathering and, in her address, the Principal assured that the parents and the students are in safe hands. The inaugural address was given by the trustee. Two CRRI shared their experience in college and our medical superintendent introduced the faculties starting from the administration and the HODs of all the Departments. Finally, the vote of thanks was proposed. The inaugural program ended with the National Anthem.

A delicious lunch was served for the parents and the students. Following lunch, the students and parents were given brief information about the details of College Infrastructure, the Rules and Regulations of the College and the discipline to be followed by the students inside the College Campus by Dr.Sufala Sunil Vishwasroa(Principal) .Professor & HODs, explained the academic activities of various Departments during their course period and also delivered about the anti ragging committee in the College which assures the students and the parents about the Ragging free Campus.

Then there was an individual introduction by the Head of the Departments of the first year. Then the students and the parents have done the registration in all the three Departments of the First year.

Next day, the students were divided into batches and for them health checkup, immunization, filling online anti ragging form and principal meet were done in a systematic manner. In the following days respectively, the principal of the college Oriented a brief history of the centre and its vision and mission with specific reference to institutional commitment to excellence in teaching and learning and roles of an Indian Medical Graduate .Ice breaking session served as a platform for students to self-introduce, get to know each other's background, interest and hobbies.

Visits to different departments of Karpaga vinayaga Medical College and Hospital were conducted in groups of twenty-five accompanied by Facilitators. The didactic presentations on topics during the weeks were :Doctors role in society, Facilities(ICMR, Mentorship), Guidance and experience of senior students, Orientation of the students to: Role of Indian

Medical Graduates, Rules and regulation, University rules regarding examinations and attendance ,Curriculum description ,What can student expect: From the society and nation, From the institution, From teachers, peers and colleagues and From patients, Career pathways & personal growth, History of Medicine , Alternate system of medicine, Orientation to community: Visit a community health center, Extracurricular activity, Time management, Interpersonal relationship, Communication skill, Learning strategies, Learning pedagogy, Peer assisted learning, Group learning assessment driven learning, Self-directed learning, Sports ,Computer skill, Stress management, language Skill

These topics were supplemented by different teaching/learning methods like; didactic sessions with interaction, structured interactive sessions, small group activities followed by presentations to the large group, role play, use of video clips, demonstration alone and with hands on experience and visit to library. Each day the foundation course was evaluated by reflective writing and online feedback from the students. A questionnaire was developed with a view to elicit students' response in respect to their prior knowledge, gain in knowledge and need for further knowledge on each topic. The students were also asked to indicate the extent to which various topics delivered in the foundation course helped them to understand the various skills and attributes required by a medical professional along with a need to understand a different learning environment in the midst of cultural diversity. An open space was provided for the students to express and share their views regarding overall impression and impact of the program in making them self-confident to pursue a challenging course of study in medicine.

Photo Gallery

Figure: Inauguration Function



Figure: Inauguration Function





Figure: Welcome address by Principal



Figure: Health checkup



Figure: online anti ragging form filling



Figure: interaction of students and parents with pre-clinical faculties







