

Best Practice 1

Title of the Practice: Promoting positive mental health among students

Objective:

1. Increase awareness of commonly encountered mental health issues and educate them on the available resources
2. Making available easy and round the clock access of mental health services

Context: The incidence of mental health issues among students is on the rise after COVID-19 which leads to impaired functioning and increase tendency for suicidal ideation. Prompt and timely intervention seems to be the need of the hour.

The Practice: The department conducts regular awareness programmes and screening sessions targeting various mental health problems. The KVEG crisis help line number, which operates 24×7 was developed with the sole purpose of crisis intervention among students.

Evidence of Success: A good number of students have been benefitted by utilizing our resources and are able to effectively cope with their daily demands.

Problems encountered: Stigma associated with mental illness, Doubts regarding confidentiality, Myths regarding mental illness.

Best practice -2

Title: to inculcate basics of Bioethics among undergraduate students during patient care

Objectives:

1. To understand repercussions of ethical dilemmas in patient care

The Context: Over two decades medical field has changed enormously. Public approach to look at the profession has changed and cases of professional negligence are rising. Hence there is need to teach importance of Bioethics to the students in patient care.

Practice: Various programs are organised by bioethics wing including AETCOM stated by National Medical Council.

Evidence of Success: Active participation in ethics class or session has improved. There is increase number of participation of students in bioethics related competition. Two students had won the prizes conducted by international chair.

Students of Problems encountered: Trained faculty shortage, regular training for faculty members.