

## **Foundation Course**

### **2022-23 Batch**

The undergraduate medical education program is designed with a goal to create an “Indian Medical Graduate” (IMG) possessing requisite knowledge, skills, attitudes, values and responsiveness, so that he or she may function appropriately and effectively as a physician of first contact of the community while being globally relevant. With this intention MCI had planned to initiate a foundation course. The goal of the Foundation Course is to prepare a student to study medicine effectively.

The Medical Education Unit (MEU) in consultation with the administrative head of the centre and faculty from various departments at the college developed and implemented a foundation course of one-month duration. In-house faculty with interest and expertise in the respective fields reinforced by external faculty was selected to deliver the topics. The selected faculty was oriented about the purpose and objectives of the course. Subsequently they designed delivery of individual topics using different teaching and learning methods. One faculty from pre-clinical subject was chosen for coordinating the program efficiently and one MEU member was allotted as day wise coordinator for the program.

#### **The objectives are to:**

- a. Orient the student to: The medical profession and the physician’s role in society, The MBBS program, Alternate health system and history of medicine, Medical ethics, attitudes and professionalism, health care system, national health policies, universal precaution and biohazard safety, principles of primary care, medical college and hospital, and examination
- b. Enable the student to acquire enhanced skills in: i) Language, ii) Interpersonal relationships, iii) Communication, iv) Learning including self-directed learning, v) Time management, vi) Stress management, vii) Use of information technology
- c. train the learners to provide: first aid and basic life support.

The program began on the first day with an inauguration of MBBS students of Karpaga Vinayaga institute of medical sciences & Research centre which was held at Saroja Regupathy Auditorium. The inaugural function started with an invocation song then the lighting of the Kuthuvilakku by the dignitaries and parents of the first student who registered for 2022-23 MBBS course. The Principal Dr. Sufala Sunil Vishwasrao welcomed the gathering and, in her address, she assured that the parents that students are in safe hands. The inaugural address was given by the trustee Mrs Saroja Regupathy. Two CRRI shared their experience in college and Medical Superintendent, Dr. M Kannaki introduced the faculties starting from the administration and the HODs of all

the Departments. Finally, the vote of thanks was proposed. The inaugural program concluded with the National Anthem.

A delicious lunch was served for the parents and the students. Following lunch, the students and parents were given brief information about the details of College Infrastructure, the Rules and Regulations of the College and the discipline to be followed by the students inside the College Campus by the principal, Dr. Sufala Sunil Vishwasrao. Professor & HODs, explained the academic activities of the departments.

On Day 2, the students were divided into batches and for them health checkup, immunization, filling online anti ragging form and principal meet were done in a systematic manner. Day 3 started with session by the principal about a brief history of the college and its vision and mission with specific reference to institutional commitment to excellence in teaching and learning and roles of an Indian Medical Graduate. Ice breaking session served as a platform for students to self-introduce, get to know each other's background, interest and hobbies.

Visits to different departments of Karpaga Vinayaga Institute of Medical Sciences and Research Centre were conducted in groups of twenty-five accompanied by Facilitators. The didactic presentations on topics during the weeks were: **Doctors role in society, Facilities (ICMR, Mentorship)**, Guidance and experience of senior students, Orientation of the students to: Role of Indian Medical Graduates, Rules and regulation, University rules regarding examinations and attendance, Curriculum description, **What can student expect: From the society and nation, From the institution**, From teachers, peers and colleagues and From patients. Small sessions were conducted on **Career pathways & personal growth**, History of Medicine and alternate system of medicine.

In subsequent days following activities were conducted: orientation to community: Visit a community health center, Extracurricular activity, Time management, Interpersonal relationship, Communication skill, Learning strategies, Learning pedagogy, Peer assisted learning, Group learning assessment driven learning, Self-directed learning, Sports ,Computer skill, Stress management and language Skill session.

These topics were supplemented by different teaching/learning methods like; didactic sessions with interaction, structured interactive sessions, small group activities followed by presentations to the large group, role play, use of video clips, demonstration alone and with hands on experience.

Each day the foundation course was evaluated by reflective writing and online feedback from the students. A questionnaire was developed with a view to elicit students' response in respect to their prior knowledge, gain in knowledge and need for further knowledge on each topic. The students were also asked to indicate the extent to which various topics delivered in the foundation course helped them to understand the various

skills and attributes required by a medical professional along with a need to understand a different learning environment in the midst of cultural diversity. An open space was provided for the students to express and share their views regarding overall impression and impact of the program in making them self-confident to pursue a challenging course of study in medicine.

## Inauguration Function



## Welcome address by Principal Dr Sufala Sunil Vishwasrao



**CRRI Speech on their experience in college**



**Felicitation of chief guest by Med. Superintendent Dr M Kannaki**



### Health check-up



### Vaccination



### **Anti-ragging form Filling**



### **Interaction of students and parents with pre-clinical faculties**



**Session on Cardio-pulmonary resuscitation**



📍 GPS Map Camera



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**Chengalpattu, Tamil Nadu, India**

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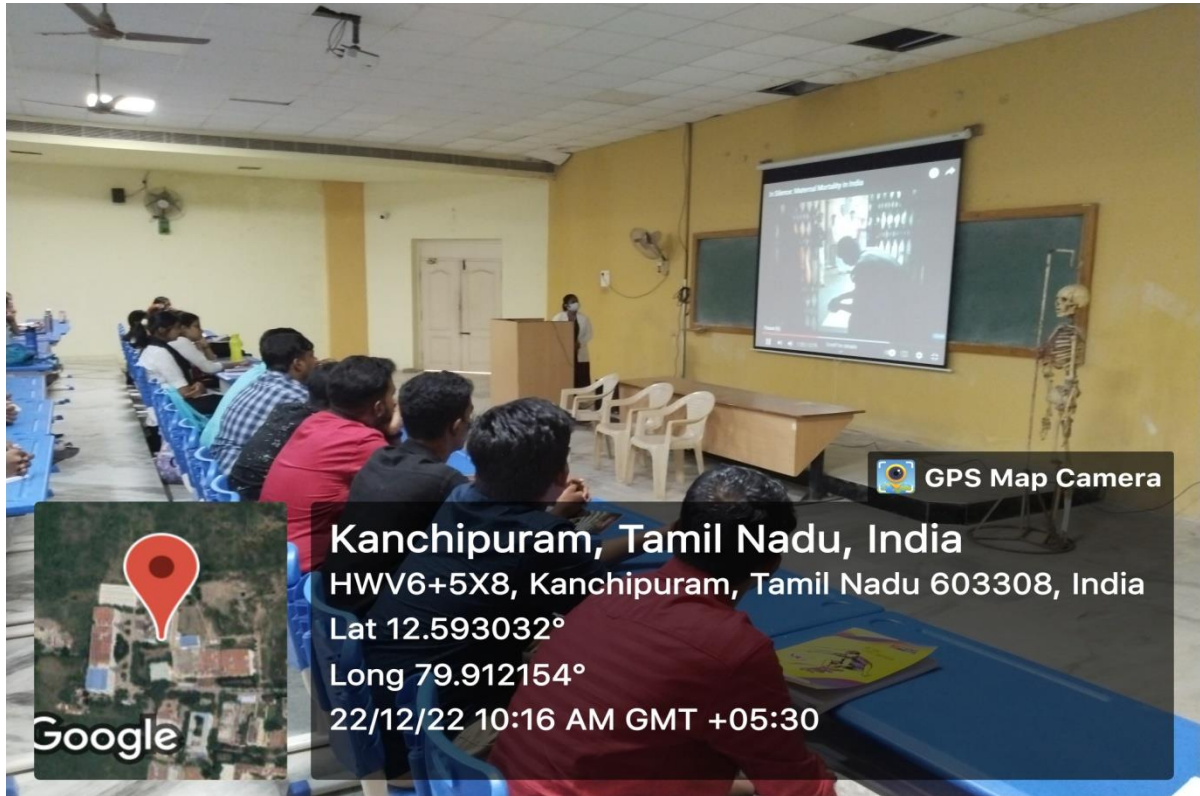


**Session on First AID management**

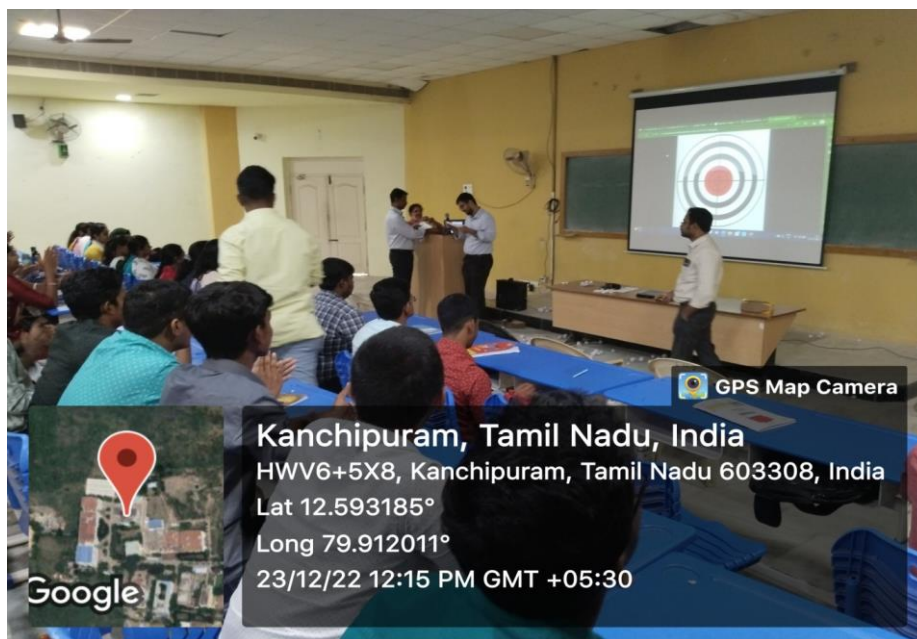




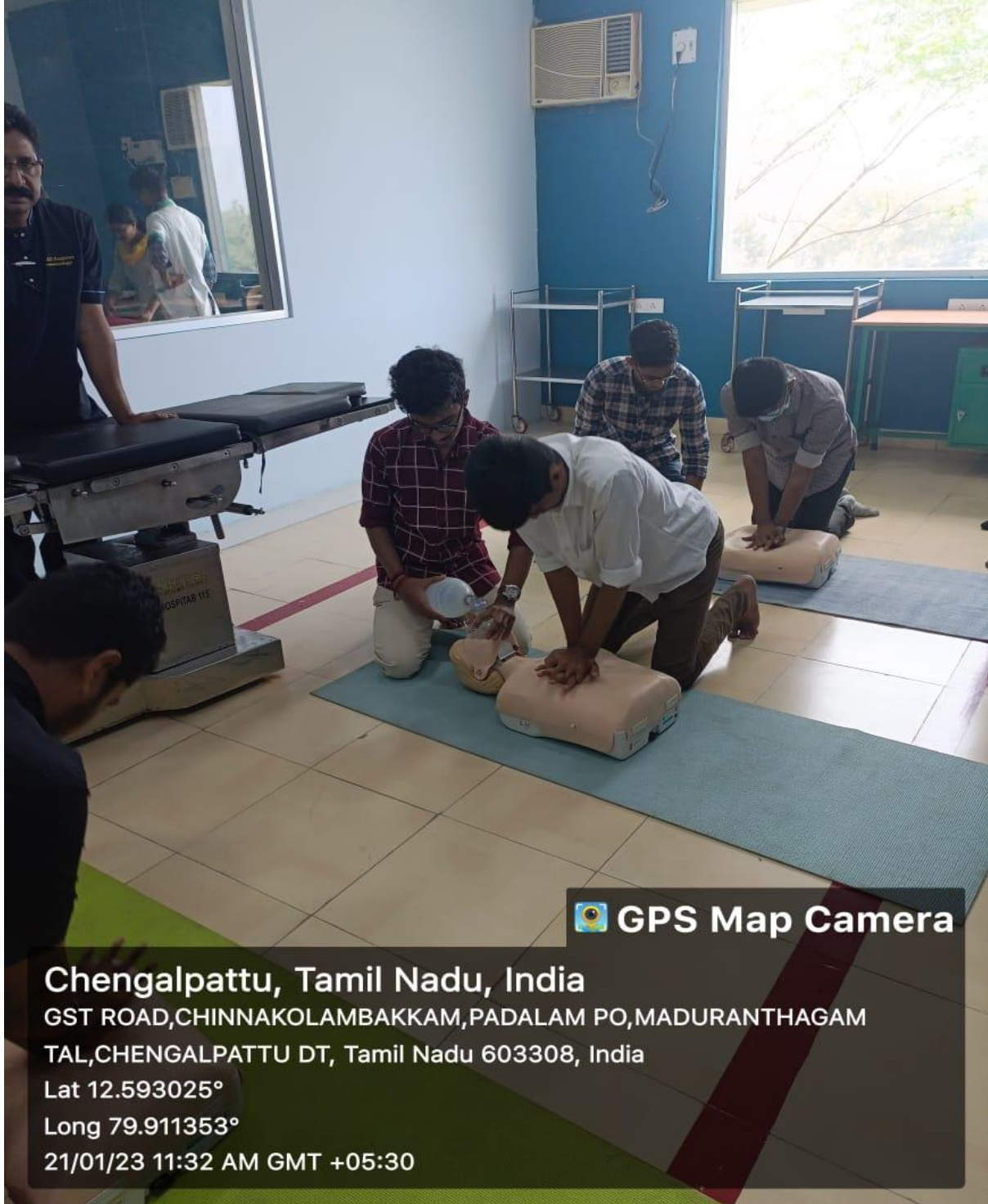
**Session on Anti-ragging awareness**



**Session on Leadership skills**



**Hands on training**



 **GPS Map Camera**

**Chengalpattu, Tamil Nadu, India**

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**Session on Professionalism and ethics**



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